



Advocacy Toolkit:

Protect Medicaid Services

Save Our Supports! Your Voice Matters! Take Action Today!

Proposed federal Medicaid cuts would have devastating consequences for people with intellectual and developmental disabilities, jeopardizing essential services that support independence, employment, and community living. **Ardmore is taking a stand.** **Save Our Supports** is your resource for urgent updates, advocacy efforts, and ways to take action.

These cuts would put critical programs at risk, forcing people and families into crisis. We must fight back to protect the funding that ensures people with disabilities receive the care and opportunities they deserve.

Now is the time to act. Contact your members of Congress, spread awareness, and make your voice heard—because every voice matters!



Urgent Call to Protect Medicaid Services

Stop the Cuts, Protect Lives!



What's at Stake

- Shift Medicaid costs to states, forcing difficult decisions that could lead to lower provider rates or cuts to essential services.
- Jeopardizing home and community-based services, increasing waitlists, and pushing more people into institutional settings.
- Endangering the critical supports that people with intellectual and developmental disabilities (I/DD) rely on to live independently and fully participate in their communities.

What's Happening with Medicaid in Maryland

Budget Pressure: Maryland is facing rising costs in Medicaid, especially for Home and Community-Based Services (HCBS). Without new investment, funding levels will not keep pace with inflation and workforce needs.

Waitlists and Delays: Thousands of Marylanders with IDD are on waitlists for services. Inadequate funding means people wait years for support.

Provider Stability at Risk: Service providers report financial strain due to stagnant reimbursement rates. Some are closing programs or reducing services.



Urgent Call to Protect Medicaid Services

Stop the Cuts, Protect Lives!



How It's Affecting People with IDD and Families

- **Loss of Independence:** Without stable Medicaid funding, people risk losing the ability to live in their own homes, work, and participate in the community.
- **Family Strain:** Parents and siblings often step in as unpaid caregivers when services are unavailable, leading to job loss, burnout, and financial stress.
- **Community Impact:** Service cuts ripple outward—local employers lose reliable workers, hospitals see higher ER visits, and communities lose inclusive spaces.
- **Equity Concerns:** Delays and instability disproportionately affect low-income families and people of color, deepening existing disparities.

Take Action with Your Lawmakers

Who to Contact:

- Your State Delegate(s) and State Senator in the Maryland General Assembly.
- The Governor's Office and the Maryland Department of Disabilities.

How to Find Them:

- Use mdelect.net to find your representatives.

What to Say (Quick Script):

Hello, my name is [Name], and I live in [City]. Please protect and increase Medicaid funding for Home and Community-Based Services. These services keep people with disabilities living, working, and thriving in our communities. Without stable funding, waitlists grow and providers close. We need your support in this year's budget.

#InCommunityTogether



Save Our Supports Resource Page



Stay Informed. Take Action. Save Our Supports.

Medicaid is the backbone of support for Marylanders with intellectual and developmental disabilities. It funds home and community-based services that allow people to live, work, and thrive in their communities. Protecting and strengthening Medicaid means protecting dignity, independence, and opportunity for thousands of Maryland families

Save Our Supports

Contact your Maryland legislators today and urge them to protect and fully fund Medicaid Home and Community-Based Services (HCBS).

**Sign Up for Advocacy
Alerts from Ardmore**

**Send A Letter to
Maryland Legislators**

**Learn More About Our
Advocacy Efforts**



Have questions or want to get involved?

Email us at advocacy@ardmoreenterprises.org for updates and resources.

Every voice counts—let's stand together to **#SaveOurSupports**

#InCommunityTogether

Phone & Meeting Guide:

Advocating Against Medicaid Cuts in Maryland



Meeting with Your Legislator

Before the Meeting:

- ☒ Confirm your appointment and bring key materials (fact sheets, a personal story, talking points).
- ☒ If meeting as a group, assign roles (who will introduce the issue, share personal experiences, make the ask, etc.).
- ☒ Practice your key points to ensure you stay on message.

During the Meeting:

Introduction:

- Thank them for their time.
- Introduce yourself and your connection to disability services.

Main Message:

- Explain why fully funding Medicaid services is crucial.
- Share a personal story or impact statement.
- Highlight how cuts will harm Marylanders with disabilities.

ASK: “Will you commit to opposing Medicaid cuts and fully funding services?”

Listen & Respond:

- If they support, thank them and ask how you can help them champion the issue.
- If undecided, provide additional information and ask what concerns they have.
- If opposed, respectfully ask them to reconsider, sharing why this matters.

Social Media Advocacy Guide

Raise Your Voice & Protect Medicaid in Maryland



Social media is a powerful tool for advocacy. By sharing posts, stories, and calls to action, you can help mobilize support and encourage others to contact their legislators. Use this guide to amplify your message and make an impact!

Key Hashtags

Use these hashtags in all your posts to connect with the broader advocacy movement:

- #MDLeg (commonly used for Maryland General Assembly updates)
- #MDPolitics
- #MarylandMatters
- #FundIDDMD
- #MDDisabilityRights

Sample Posts

Copy, paste, and personalize these posts to make your voice heard!

General Advocacy Post:

🚩 Maryland Medicaid is at risk! Proposed budget cuts would slash Home and Community-Based Services (HCBS) that people with disabilities rely on—like housing support, employment programs, and personal care. Without this funding, waitlists will grow and providers may close.

📣 We must act NOW to #ProtectMedicaid and #FundHCBS!

📞 Call your legislator today and urge them to protect Medicaid funding so people with disabilities can live the life they choose.

Find your legislator here: [Insert Link]



Ardmore Enterprises



@ardmoreenterprises_



Ardmore Enterprises

#InCommunityTogether